

Bruises and Sprains

Johnson's Anodyne Liniment quickly relieves sore and aching muscles, limbers up stiff joints and is a sure remedy in connection with all athletic training and sports. Bruises, sprains, wounds and cuts quickly healed.

Johnson's Anodyne Liniment

Cures all external pains by reaching the source of trouble immediately. A family remedy for 77 years.

Guaranteed under the Food and Drugs Act, June 30, 1906.

At All Druggists, 25c and 50c

I. S. JOHNSON & CO., BOSTON, MASS.



At Danville.

There was a large attendance at the Masonic meeting, Wednesday evening, a large number coming from Cabot. Deputy Vernon Dutton was present and gave a fine talk. The work was followed by a social time and banquet.

There will be an illustrated talk on "Uncle Sam at Panama" at the Town Hall next Tuesday evening by C. F. Sweeney. Mr. Sweeney is recently from Panama where he spent several months in actual service of the Isthmian Canal commission at Pedro Miguel Canal Zone and will give an interesting and instructive talk illustrated by 125 stereoscopic views.

Mr. and Mrs. E. Russell of St. Johnsbury visited at Harry Danforth's last week.

Miss Ella Page has gone to West Newbury, Mass., to spend a couple of weeks with her sister, Mrs. John Hibbs.

Miss Mary Wilson visited friends in St. Johnsbury and Lyndonville last week.

Mrs. Mattie Lamb of Montpelier is visiting relatives and friends in town and in Peacham.

Ell Smith and son Austin visited his daughter, Mrs. Ernest Moore, at East Barnet recently.

Remember the hash supper at the Congregational church parlors this evening.

The O. E. S. will hold a social Friday evening. Supper will be served at the usual hour and the committee have arranged for a short program in the evening.

Rev. J. F. Schneider and the Victor class went on a snowshoe trip Monday afternoon.

At the annual meeting of the Ladies' Aid Society of the Methodist church the following officers were elected: President, Mrs. Dana Badger; vice president, Mrs. Fred Peck; secretary, Miss Hattie Choate; treasurer, Mrs. Clarence Hatch.

There will be called meetings of Washington Lodge, F. & A. M., March 10, 17 and 24.

The Ladies' Aid society of the Methodist church will hold a food sale Saturday afternoon, March 20. The contributors are requested to bring the food early.

A snowshoeing party of about 30 from St. Johnsbury took supper at the Elm House, Saturday night.

A. E. Currier is confined to the house with an injured foot, caused by his horse stepping on it.

Mrs. Frank Palmer and sister, Mrs. S. Blanchard, of Peacham, are visiting Peter Wesson's.

C. S. Dole is making quite extensive repairs in his store.

Miss Jennie Smith is visiting her brother, Henry Smith, at Lyndonville.

Mrs. Horace Kidder of St. Johnsbury visited relatives in town last week.

Mr. and Mrs. Frank Morse of Lyndonville visited his parents over Sunday.

Benjamin Henth is ill with grip.

Miss Grace Cobb, who has been ill for some time, remains about the same.

Mrs. A. C. McLean visited friends in St. Johnsbury over Sunday.

Thursday evening the Brotherhood Men will observe ladies' night and enjoy a banquet. There will be speaking and music by a male quartet. Every man in the church is invited to come and bring his wife or lady friend.

The boys' Victor Bible class will meet at the library Saturday evening with the pastor and other young men for a social and literary hour.

SOUTH RYEGATE.

The Wednesday Club met last week with Mrs. George Roben.

The C. E. society of the Presbyterian church will give a ten cent social in the vestry, Friday evening. The social committee is planning to furnish a varied and interesting program.

The Live Wire club is rehearsing for a mock trial to be presented in the near future.

Miss Mande Harding, who is teaching in St. Johnsbury, spent Sunday at C. M. Lilly's.

Mrs. C. S. Mills of St. Johnsbury spent a few days with her mother, Mrs. Alex Park, last week.

Mrs. Samuel Mills spent Friday and Saturday at St. Johnsbury, where her son Samuel is attending school.

The first of a series of cottage prayer meetings will be held this evening at the Presbyterian parsonage.

Mr. and Mrs. Robert Gates went Monday to West Newbury to see their new grandson, George Robert Tyler.

Miss Nellie Bone returned Sunday from visiting her aunt, Mrs. William Bone, at Boltonville.

A. T. Beaton went Tuesday to Barre to meet his wife, who has been visiting her sister in Burlington. They are expected home today.

William Farquharson was in Boston several days last week. While there he sold his horse.

Miss Clara Rabaioli went last week Tuesday to the hospital at Hanover, accompanied by Mrs. Frank Rosa and Mrs. B. L. Terry. Wednesday she was operated upon for appendicitis and is expected to be making a rapid recovery.

John J. Smith came home from Albany Business College, Monday, for a two weeks' vacation.

Mrs. M. F. Sargent, Mrs. F. J. Tewksbury and Miss Marjorie Tewksbury spent a couple of days in McIndoe last week.

It is expected that the electric lights will go on duty the last of the week.

Rev. S. A. Jackson of Oakdale, Ill., was in town last week from Tuesday to Saturday. He went from here to

RYEGATE.

Mrs. Horace Richardson of Littleton spent part of last week visiting Mr. and Mrs. W. J. Symes of this place.

Mrs. Hunt of Peacham, who has been spending the past few weeks with Mrs. George Gebbie, was called home last week on account of the illness of her daughter, Miss Pearl Hunt.

Mrs. Newell Murray is critically ill at her home west of this village.

Mrs. W. L. McLam is visiting her daughters, Mrs. Leach and Mrs. Royden Cheney, of St. Johnsbury.

Rev. J. A. McKirahan came home from East Craftsbury, Monday, suffering from an attack of the grip.

Mrs. Lloyd McLam, who has been visiting her many friends in this community for the past week, returned to her home in St. Johnsbury, Saturday.

CABOT.

Miss Judith Haines was home from Montpelier Seminary over Sunday.

Harlie Haines was at home from Greensboro over Sunday.

George Currier is at home.

Mr. and Mrs. Martin Smith of Calais visited their daughter, Mrs. W. S. Ford, the last of the week.

Archie Stone is at home.

Mary Spencer is working for Mrs. J. I. Stone.

Mr. and Mrs. Clarence Heath of Barre were in town over Sunday.

Eddie Burbank is stopping at J. I. Stone's.

Matthew Batchelder seems to have plenty to do sawing wood with his engine.

About 30 Masons went to Danville Wednesday evening, to visit the Lodge there.

Miss Goldie Peck of East Cabot, is stopping at Mrs. John Mills'.

Miss Susan Atkins is a little more comfortable.

Mrs. Harvey is caring for Mrs. Atkins and Miss Susan Atkins.

E. C. Gould is furnishing part of the wood for the creamery. The creamery has a new stamp for printing butter which they are using.

LYNDON.

The New Methodist Pastor.

Rev. John Jones, the new pastor of the People's Methodist church, preached his first sermon here Sunday. Mr. Jones was born at Bishop's Castle, England, Aug. 18, 1869, the son of Rev. and Mrs. John Jones, his father being a minister of the same faith. When 19 years of age he graduated from the Royal Academy at London and three years later came to this country. For a year he was engaged as draughtsman in the Delaware Car Works at Wilmington, Del. He then took a post graduate course at Chicago University, from which institution he was graduated with the degree of A. B. and A. M., earned by examination. Mr. Jones followed this course with another at the Photographic Institute at Cincinnati, Ohio. From 1897 till 1902 he was connected with the English Methodist Conference of Pennsylvania, and from there went to Coleman, S. D., for two years, the next five being spent at Dell Rapids. The church at the latter place has made great progress during Mr. Jones' pastorate and on leaving he was showered with gifts of gold and silver and many urgent requests to give up the idea of coming east. He makes the change to the Vermont conference to be near his parents, who still reside in Wilmington, Del., his father being nearly 80 years of age. On April 29, 1898, Mr. Jones married Miss Margaret Moore of Wilkesbarre, Pa., and they have one son, John Nicholas, eight years of age.

Mr. and Mrs. Ralph Gray of Barton are visiting at E. H. Gray's.

Charles Fisher expects to leave for Connecticut this week.

Mrs. Emmet Grant of East Concord is visiting at Mrs. Eliza Grant's.

Glenn Leach, who has spent several weeks with his mother, Mrs. G. P. Ide, has returned to Springfield.

Henry Matticks, who suffered a stroke of paralysis, died at his home last Wednesday in his 76th year. Mr. Matticks was born in Danville. In 1856 his people moved here to Lyndon, where he has since made his home. The funeral was held at his home, Sunday, Rev. W. C. Clark officiating.

The annual meeting of the Village society was held at the Methodist vestry Thursday evening and the following officers were elected: President, Mrs. W. T. McGovern; first vice pres., Mrs. C. T. Walter; second vice pres., Mrs. J. B. Chase; third vice pres., Mrs. Frank Spencer; secretary, Mrs. E. C. Morse; treasurer, Mrs. C. B. Bradshaw; auditor, F. D. Smith.

Mrs. Joe Sidney, son Roland, and Marjorie Clark visited at Manchester, N. H., last week.

Mrs. Alex Aldrich and daughter, Beatrice, are visiting at North Adams, Mass.

The Ladies' Aid meets today with Mrs. George Gour.

Miss Ruth Paris is visiting at McIndoes and Monroe.

Remember the play at Grange Hall, Friday evening.

PASSUMPSIC.

The Misses Cora and Elsie Curtis are visiting relatives and friends in Boston and vicinity.

Mrs. Emma Wells is at Barnet caring for Mrs. Nellie Eastman.

Avi Ennis and Stella Judkins spent the last of the week visiting in Marshfield.

Mrs. Cora Annis accompanied by Mrs. Lucy Goss of St. Johnsbury attended the funeral of Mrs. Bailey at Goss Hollow, Saturday.

The V. I. S. supper at Mrs. Pinney's was a success financially.

William Sparrow has moved to his farm in Waterford. Mr. Warren has moved to the house vacated by Mr. Sparrow, and Mr. Grey has moved from John Annis' house to the Barker house.

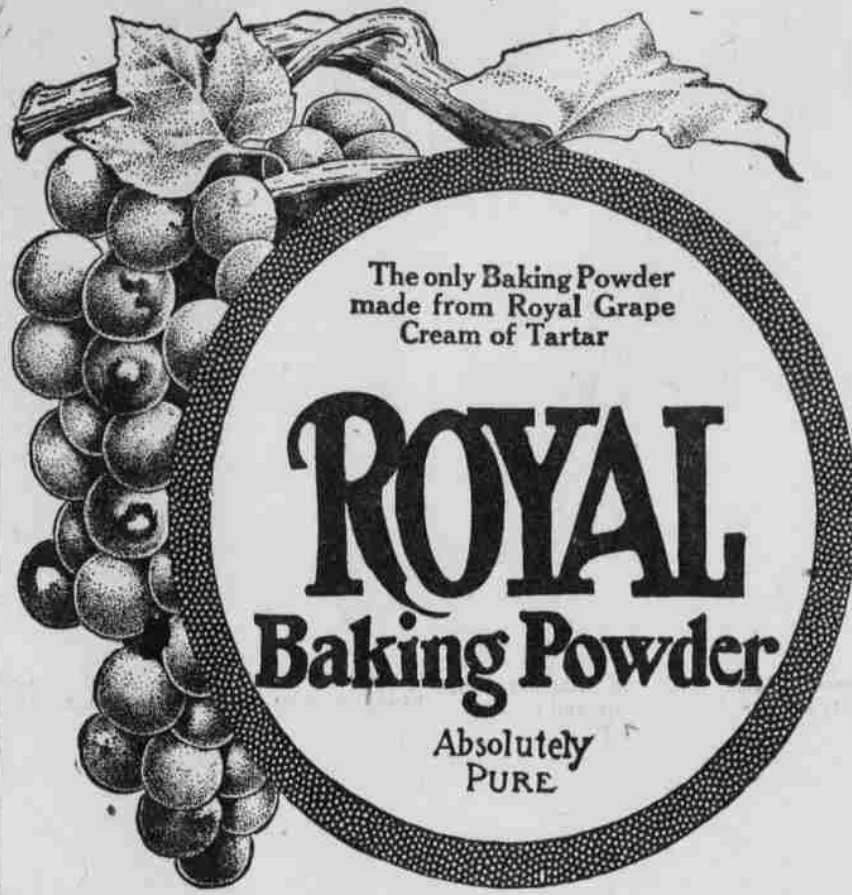
Will Somers is fixing up the old Stevenson house and will have two pleasant tenements in it to rent.

Miss Elsie King has returned to her sister, Mrs. C. W. Philbrook, from the Cottage Hotel, where she went to work.

Miss Bernice Johnson is caring for Ernest Randall's baby.

FOLEY'S HONEY AND TAR

Cures Colds; Prevents Pneumonia



HARVEY.

P. T. McGill has bought of Edward Moore a young driving horse and commenced work last week in O. M. Jennings' saw mill at Peacham.

Henry Hale after spending a few days with his parents, Mr. and Mrs. O. E. Hale, has returned to his work at Cabot.

Fred M. Currier was at St. Johnsbury a few days ago to see his sister Mrs. Alice Craig, who has been quite ill for a long time.

Carl Gilbert from Horace Ewell's at North Peacham was in this vicinity Sunday.

A. H. Bartlett is loading pulp wood from O. E. Hale's woods on the cars.

Walter Hatch and George Crane are carrying block wood from the Warner, Goodnow farm.

Mr. and Mrs. Frank Badger from Randolph have been visiting her sister, Mrs. A. G. Alston, for a few days.

Miss Addie Williams recently spent a few days in St. Johnsbury.

Donald Currier has returned home after a week's stay with his uncle, P. H. McDonald.

Foster Greenbanks has returned to Peacham Academy for the spring term of school.

NEWBURY.

Death of Mr. Laing.

Robert G. Laing died at his home in this village on Monday Feb. 15, after an illness of two days. He was born in Fifehire, Scotland, Nov. 22, 1823, and was the last of the nine children of Alexander Laing. The family came to this country in 1834. In 1843, he and his father bought a farm on Leighton Hill, where the latter died in 1871. In 1855, Mr. Laing married Sarah E. Tuxbury, and they had three children—Mrs. J. S. Burroughs of Bradford, Alexander N., of Manchester, N. H., and Mrs. Dr. Johnson of Franconia, N. H., the latter, Mabel—a graduate of St. Johnsbury Academy.

These, with his widow, survive him, and there are five grandchildren, and two great-grandchildren. Mr. Laing was a very successful farmer, and a man greatly esteemed and respected. In 1892 they built a house in this village and removed here. Mr. and Mrs. Laing have long been members of the Congregational church in this town.

F. P. W.

"Opie Reed and the Jester Barth."

Opie Reed in his "Adams Traveler Tales" tells this: A fat man had crawled into the berth above him and was heard talking to himself. "I don't mind getting up here," he said, "but I am always afraid for the fellow beneath me. Night before last the upper berth fell with me and broke the hip and shoulder of the man below. But it's not my fault; I do the best I can to get a lower. Poor chap, I guess he's asleep and will never know what hit him."

"Hold on," I cried. "I'll be hanged if I want to lie under a dead fall."

"I beg your pardon. Did you say something?"

"You are right. I said something. I'm not going to run the risk of staying here. You take this berth and let me get up there."

"Oh, don't let me dispossess you. Stay right where you are; it may not fall—sometimes doesn't."

"Sometimes doesn't! Here, let me get up there."

"Well, if you insist I do!"

I climbed the ladder and tossed pretty much all night. It was the porter who broke the news to me the next day of how I had been the victim of that fat man's guile.

A Very Indian Appeal.

The following appeal from India received by the lord mayor is printed in the City Press:

"May I please your lordship that I am very Indian, and I belong to the Brahman caste. Owing to my poverty and unhealthiness I cannot earn money by any profession. Including me, there are eight members in my large, poor and pitiable family—my paternal grandmother, my maternal grandmother, my mother, my aunt, myself, my wife, my first daughter, my second daughter. Moreover, I must perform marriage for my two daughters."

"So if I have at least £2,000 as a capital for my large, poor and pitiable family I can invest this amount in the safest bank and I can maintain my large, poor and pitiable family by the interest on this capital. So I must humbly request your lordship to regard me as your lordship's own son and send me at least £2,000 at your lordship's earliest convenience. I am in earnest. I am in earnest. I am in earnest."—London Standard.

MRS. POTTER'S ADVICE.

Valuable Aids For Acquiring the New Directoire Figure.

"If you wish to acquire the directoire figure, as of course every up to date woman does, diet yourself, eliminating all starchy foods, pastries and sweets from your meals," says Mrs. James Brown Potter. "My advice to those who wish to become slender, though fat, is to tub daily."

"I am a great believer in the morning bath, not cold, but tepid, for, though it in itself will not reduce flesh, daily bathing tends to strengthen the constitution, and this is most desirable when trying to take off fat. When the circulation has been stimulated by the bath throw a warm dressing gown around yourself, stand in a well aired room and go through these exercises:

"Draw in the muscles of the abdomen, inhale a deep breath and raise your arms above your head until the thumbs meet, bending body backward as far as possible. Recover pose and as you exhale bring the arms down in a sweeping curve forward until the finger tips touch the floor. Repeat six times."

"With arms hanging limply from the shoulders bend the body sideways as far as possible, first to left and then to the right. Repeat ten times."

"With arms in the same position, feet planted firmly on the floor, twist the body as far as you can, turn it from right to left, and vice versa. This is especially good for reducing the hips. Repeat twenty times."

"Lie flat on your back, either on floor or couch. Without bending knees lift the legs till the feet are straight up, raising arms at the same time. Do this with the breath exhaled and inhale deeply as you lower them. Repeat six times."

"These exercises if consistently done both morning and evening will help any woman in acquiring the fashionable directoire figure."

STAND FOR BIRDCAGE.

A New and Useful Piece of Household Furniture.

A singing canary bird is considered an essential feature of many homes, so that the new invention in the shape of a cage stand will be regarded as a welcome piece of household impedimenta by many. The new stand is six feet two inches high and has ornamental wrought brass legs, forming a tripod with a spread of twenty inches, making it steady and unlikely to be upset by accident. The balance of the stand is made of brass tubing. A feature especially emphasized by the manufacturers is the fact that the stand may be entirely taken down for shipment, thus effecting a great saving in transportation charges.

The Wise Way.

"We should all strive to forgive our enemies," remarked the wise guy.

"Yes; then they won't be so apt to get back at us," added the simple mug. —Philadelphia Record.

The man without a purpose is like a ship without a rudder—a waif, a nothing, a nomad. Have a purpose in life; have a purpose.—Carlyle.

CASTORIA.

The Kind You Have Always Bought

Bears the Signature of J. C. Watson.

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NEW STAND FOR BIRDCAGE.



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A QUERY ABOUT SOUTH DAKOTA.

A reader of these notes, a young tenant farmer living near Hettick, Ill., writes asking about farm lands in the vicinity of Pierre, S. D., especially as to their adaptability to growing corn and if this can be counted on as a sure crop. Our correspondent also inquires if there is alkali water in the sections mentioned. With a view to securing more accurate and reliable information than was at hand regarding the locality in question, inquiry was made of Professor C. Willis of the state experiment station at Brookings, S. D., who writes that land in the vicinity of Pierre, north, south and east, may be had at from \$16 to \$40 per acre; that this section is the driest portion of the state, the average rainfall for the past eighteen years being 16.5 inches per annum. In spite of the low rainfall, which is about half of that in states lying east of the Missouri river, Mr. Willis states that at the college substation fifty miles east of Pierre he has been able to secure a yield of sixty-five bushels per acre from the variety of corn known as the Minnesota No. 13, and at the main station at Brookings the same variety yielded 74.5 bushels. This is an excellent showing and would be considered so for most any portion of the corn belt, but whether equally large returns could be counted on during a period of years we are not in a position to state. It is well to remember that during the past seven or eight years the rainfall in the longitude of Pierre, which is usually classed as in or bordering on the semiarid section of the west, has been considerably larger than for a number of years preceding. A question that arises is whether this cycle of dry years is likely to return. Should they do so it would make the raising of corn as a primary business in the territory named somewhat precarious. Nobody can answer this question with authority. Only time can tell. If our friend rather inclines to the Pierre country, it would seem wise for him to visit the section he plans to locate in and give it thorough inspection from as many viewpoints as possible. If the system of "dry farming" has to be followed—briefly that in which the land has to be summer fallowed every other season to conserve enough moisture to produce a crop—the prospecting of agricultural operations in such locality by one who had been used to Illinois conditions would be fraught with a good deal of hardship and discouragement.

Thiers as a Prompter.

Among the anecdotes related by the Marquis Massa in his "Souvenirs et Impressions" is one about the first president of the French republic. It runs: "A short time after young Thiers had been elected as a legislator a number of our set arranged to give a performance of 'Roman chez la portiere' at the house of a mutual friend. On the evening of the performance our prompter deserted us, and without a moment's hesitation the new elected deputy volunteered to take the place, and despite the protests of some of the party, who feared that his dignity might be everlastingly injured, he jumped into the box, where he remained ready to help us in time of need until the curtain descended on what proved to be a highly satisfactory performance."

Hunting With Lighted Crabs.

A group of clubmen seated about an odorous cedar fire talked of hunting.

"Once I hunted with lighted crabs," said an ex-consul. "It was in the desolate region of France called La Vendee. There is no hunting there but sea gulls (which the French adore to shoot) and rabbits. It was to get the rabbits that we used the crabs. We caught some dozens of small, lively fellows, fastened on their backs lighted candles and shoved them down into rabbit holes. The rabbits, scared to death by those strange moving lights, rushed forth frantically—forth into the very muzzles of our guns. This sounds rather frisky perhaps, but it is a Vendean custom as widespread as coon hunting in the south."—Cincinnati Enquirer.

TAKING THE BACK TRACK

Your ill health is due to a gradual derangement of your system, caused by overwork, carelessness, irregular habits.

You are weak, emaciated, nervous; you have lost your vigor and your confidence in yourself.

If you tremble after small exertion—if your heart palpitates—you are facing a general breakdown and it is time for you to take the back track; time for you to begin rebuilding your wrecked system.

Rexall

SYRUP OF HYPHOSPHITES